

Maximum Stress, Brain Support, Anti-Aging & More*



Max Stress B Nano-Plex™

The *Completely* Natural B Vitamin Complex with Amazing Benefits*

The World's *First*
Natural-Source B
Vitamin Complex



Maximum anti-stress and brain support
for the whole family*

Max Stress B Nano-Plex™ Key Benefits

- The world's *first* natural-source B vitamins made from probiotic fermentation
- International patent-pending technology
- Highly active, "living" B vitamins in their end-chain forms which deliver high cellular resonance
Other B vitamin products are typically synthetic with no cellular resonance
- Maximum stress support, anti-aging, instantaneous energy boost, brain rejuvenation, heart health and mood balance*
- Research suggests natural sources of B vitamins are safest and most effective, especially in long term use*

The World's *First* Natural-Source B Vitamins

Now for the first time, completely natural-source B vitamins are available in **Max Stress B Nano-Plex™** derived from proprietary technology using special, healthy probiotic strains. This means a Quantum Leap in everything that B vitamins do for the body - maximum stress protection, anti-aging, instantaneous energy boost, brain rejuvenation, heart health and mood balance.

Because of its liquid oral delivery system, this is one product that literally everyone we know who tried it really felt an *immediate* difference - an instant feeling of well being and better mental clarity.*

No amount of synthetic B vitamins can deliver the super energy boost you'll experience with just 1/2 teaspoon of **Max Stress B Nano-Plex™**. This product nourishes the cell's DNA, delivering a biophotonic "*body of light*" only found in "once-living source" nutrients. Synthetic B vitamins - and all synthetics for that matter - actually accelerate aging and degradation of the cell's DNA.

Vital For Robust Health

The whole B-complex family of vitamins - especially folic acid and vitamin B12 - are necessary for optimal health for you and your entire family. While they may not be as famous as vitamin C, the B vitamins - especially folate - are certainly making a name for themselves in the news these days. In fact, in 1998, the Food and Nutrition Board, the group within the National Academy of Sciences that sets the Recommended Dietary Allowances (RDAs), published revised RDAs, now called Dietary Reference Intakes

(DRIs), for the B vitamins.

Get the Whole Complex of Benefits

The B vitamins work together as a team, which is why it is generally recommended to take a supplement with the whole vitamin B-complex family, rather than individual, isolated B vitamins. The whole B family is needed to help keep the body in balance and harmony for greater physical, emotional and mental health for you and your family.

Even if you could eat large amounts of foods rich in B vitamins, such as fruits, vegetables and grains, you would still typically fall short of the desired daily intake of B vitamins. Why? Research shows that the nutrient content of our food has been drastically decreased due to poor soil health and extensive pesticide use in the U.S. So, one of the best ways to assure you're getting enough B vitamins is to take a natural-source B-complex supplement such as **Max Stress B Nano-Plex™**.

But does your vitamin B complex product contain *real* B vitamins?

Probably not! About 99% of all vitamin B products on the market today are synthetically made in a laboratory. Despite marketing claims, these laboratory-produced vitamins are *not* natural B vitamins - they're far from it. They are chemically synthesized molecules manufactured in a test tube, typically from coal tar derivatives. Ouch! These synthetic molecules mimic only one component of the multitude of life-supporting nutrient complexes found in *real*, natural B vitamins.

Vastly Superior Benefits

Now, using breakthrough, patent-pending technology, you can receive the vastly superior benefits of natural B vitamins to support your body – *without the synthetics*. **Max Stress B Nano-Plex™** is made using special strains of probiotic bacteria to produce all natural B vitamins in their most potent, end-chain coenzyme forms.

Test-Tube Vitamin B: No Thanks

The proven benefits associated with the B complex are actually created by the entire, intricate, complex symphony of phytonutrients and supportive co-factors naturally found only in whole nutrient sources, not in isolated, synthesized molecules. In short, test-tube vitamin B complex simply cannot re-create the magnificent synergy of a whole-nutrient vitamin B complex.

Get “B” Vitamins on Your “A” List

Let’s take a look at the whole “B” family - the B-complex and other B-like vitamins - and why they need to be on your “A” list of “must-have” nutrients.

Folic Acid (5-methyltetrahydrofolate form). Imagine eating 2 heads of lettuce, 3 apples, 5 bananas, and 7 carrots every day to try to get the minimum requirement of folate (400 micrograms). Even if you could eat large amounts of folate-rich foods, research shows that folic acid derived from food may be less readily assimilated and utilized than the end-chain form of folic acid as found in **Max Stress B Nano-Plex™**.

Women of child-bearing age are now being urged to increase their folic acid intake in order to help prevent neural tube defects in infants (which can cause brain and spinal defects) and spina bifida (where a segment of the spinal nerve cord grows outside the bony spinal column). In addition, adequate levels of folate have been associated with lower levels of homocysteine in the blood (a risk factor for serious heart and immune concerns).

Vitamin B12 (5'-deoxyadenosylcobalamin, fully reacted coenzyme form). Vitamin B12 plays a key role in the body and is also associated with lower levels of homocysteine in the blood. It is required for energy production and overall health of the body, including red blood cell formation. Other roles of B12 include proper nervous system development and prevention of infertility in men. It has also been shown to improve memory and promote heart health. Lack of sufficient amounts of vitamin B12 can create a deficiency or absorption problems that can lead to pernicious anemia. Research has shown that vitamin B12 levels decline as we age. This may be due to poorer food choices, reduced intake of B12 or poor absorption.

Vitamin B6 (pyridoxal-5-phosphate form). Like folate and B12, vitamin B6 has also been associated with lower levels of homocysteine. In addition, vitamin B6 is well known in this computer age for its role in relieving carpal tunnel syndrome (CTS), the weakness, numbness, tingling, and pain in wrists and arms caused by repetitive motion. Those most susceptible to CTS include computer operators, supermarket checkers, production line assemblers, carpenters and seamstresses.

In their book, “Vitamin B6 Therapy”, John Marion Ellis, M.D. and Jean Pamplin explain how B6 helps carpal tunnel syndrome: “Vitamin B6 works by improving the function of the synovium, the sheath that surrounds the tendons.” In addition, they explain how insulin resistance (elevated blood-glucose levels now at crisis proportions in the U.S. due to eating refined sugar and grains) causes reduced blood levels of B6 which then lowers both pancreatic and circulating insulin levels.

Vitamin B5 (coenzyme A form). Best known as pantothenic acid, vitamin B5 was discovered by Dr. Roger Williams who spearheaded the concept of biochemical individuality. It has long been considered the “anti-stress” vitamin for its role in helping to balance adrenal gland function and thus, helps us cope with stress better. In his book, “The Vitamin Revolution”, Michael Janson, M.D., says that insufficient amounts of pantothenic acid can lead to fatigue, mood imbalances and sleep concerns.

Until now, only the inferior form of vitamin B5, d-calcium pantothenate, was

available. Now, for the *first time in history* the superior end-chain form of B5 (coenzyme A) is available and the high powered derivative acetyl coenzyme A as well in a stable form all available in **Max Stress B Nano-Plex™**. No other product on earth can directly deliver this form at any price.

Vitamin B3 (inositol hexanicotinamide, the no-flush form). Vitamin B3 helps improve blood circulation by dilating arteries — especially important in the extremities and brain. This vitamin is a key factor in metabolizing carbohydrates, boosting energy and maintaining a healthy brain and nervous system.

Vitamin B2 (riboflavin-5 phosphate form). Vitamin B2 is important in the metabolism of carbohydrates, fat and protein and therefore, in creating energy. B2 also supports eye and skin health. The book, “The Natural Pharmacy”, points out that B2 also helps boost athletic performance, promotes brain health and assists in maintaining healthy, moist lips.

Vitamin B1 (thiamine cocarboxylase form). Like B2, vitamin B1 is essential for metabolizing carbohydrates, fat and protein — and thus, boosting energy. It supports the nervous system and healthy emotional balance. Insufficient vitamin B1 can create a loss of appetite, memory and mood imbalances and sluggish thinking. Many studies show that B1 enhances the ability to learn and retain knowledge.

Inositol (inositol hexanicotinate). Inositol is involved in immunity, liver function and cell membrane health. It promotes healthy liver metabolism, skin health and heart function, according to Dr. Berkson, author of “All About B Vitamins”. Inositol has been used by healthcare practitioners for severe mental imbalances.

Choline. In 1998, for the first time, choline was classified as an essential B vitamin. Among many roles that it plays, choline is important for liver function, heart health, achieving optimal physical performance and healthy memory and mental balance.

Biotin (D-biotin form). Even after biotin’s initial discovery, it took nearly 40 years of research for it to be fully recognized as a vitamin. Its roles include breaking down fats and creating new ones, constructing proteins from amino acids, and helping to manufacture various building blocks of genes.

The Natural Vitamin B Complex Super Food

All together, the entire complex of Super Food B vitamins are present in **Max Stress B Nano-Plex™** – naturally combined with powerful, synergistic co-factors and transporters – a truly 100% natural, whole-nutrient vitamin B complex supplement, delivering safe, proven support for energy, anti-stress, brain, heart, mood and immune health.*

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Giovannucci, Edward, et al. “Multivitamin Use, Folate, and Colon Cancer in Women in the Nurses’ Health Study,” *Annals of Internal Medicine*, 129:517-524, October 1, 1998.
Janson, Michael, M.D. The Vitamin Revolution in Health Care. Greenville, New Hampshire: Arcadia Press, 1996.
Linger, Skye, D.C., Ed. The Natural Pharmacy. Rocklin, Calif.: Prima Publishing, 1998.
Tang, A.M., et al. “Low serum vitamin B-12 concentrations are associated with faster human immunodeficiency

Max Stress B Nano-Plex™ (2 fl oz/bottle): **Ingredients per 1/2 tsp**

Proprietary Blend: Primary *Saccharomyces Cerevisiae*, *Bifidobacterium Species* (breve ss. breve, infantis ss. infantis, longum), *Enterococcus Species* (faecalis TH10, faecium), *Lactobacillus Species* (acidophilus, bulgaricus, casei ss. casei, fermentum, helveticus ss. jagurti, plantarum), *Streptococcus Therm.*

Vitamin B1 (Thiamine Cocarboxylase)	1.7mg	111%
Vitamin B2 (Riboflavin-5 Phosphate)	1.7mg	98%
Vitamin B3 (Inositol Hexanicotinamide)	25mg	125%
Vitamin B5 (Coenzyme A)	2.6mg	100%
Vitamin B6 (Pyridoxal-5-Phosphate)	2.6mg	100%
Vitamin B12 (5'-Deoxyadenosylcobalamin)	6mcg	100%
Folic Acid (5-Methyl-Tetrahydrofolate)	41.7mcg	105%
Biotin (D-Biotin)	338 mcg	113%
Inositol (Inositol Hexanicotinate)	138.8mg	*

Other Ingredients: Purified Water, Organic Alcohol

Recommended Use: Adults or children (age 4 and up): Take 1/2 teaspoon mixed in 1/4 cup water or juice, 1 to 2 times daily.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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